

Procedure for Collecting Breath Samples

During the breath collection procedure remain seated or reclined in a comfortable position. **Collect a breath sample as follows:**

1. Remove the cap of the breath collection tube.



2. A straw is placed at the bottom of the Exetainer tube.



3. Place the straw in your mouth with the breath collection tube at the end of the straw. Take a full breath and exhale through the straw directly into the tube. The breath should not be forced.



4. Before the exhalation is complete, withdraw the collection tube away from the straw.



5. Screw on the cap immediately but only turn the cap "finger-tight". Over tightening the cap will deform the seal in the cap and the breath gas will leak out.



The breath remains in the tube for at least 5 seconds while placing the cap on the tube. If the cap is dropped or you delay closing the tube while collecting the breath sample, just repeat the breath collection.